

These Products Need to be in Your Client's Beach Bag

These products, suggested by [Jill Caruso](#), aesthetic nurse at **Fox Vein Care** (New York City), will keep your client's skin healthy this summer and will also help spa-goers look their best in the warm months.

Suncare:

Caruso reminds clients to wear sun protection everyday. "Protecting your skin from the sun's harmful UVA/UVB rays is mandatory for skin health and anti-aging."

[EltaMD](#) UV Elements Broad-Spectrum SPF 44

[SkinMedica](#) Essential Defense Mineral Shield Broad Spectrum SPF 35

Lips:

The lips are often forgotten in the sun, but remind your clients that lips are also affected by the sun's rays.

[SkinMedica](#) HA5 Rejuvenating Hydrator

[Colorscience](#) Sunforgettable Lip Shine SPF 35

Body Sweat:

Botox is FDA approved to stop underarm sweating and it can also be used to treat sweating in other areas.

Makeup:

"Carry a brush-on mineral SPF, which is easy to use and super convenient," says Caruso.

[Colorscience](#) Sunforgettable Brush-on Sunscreen SPF 50

[Avène](#) High Protection Tinted Compact SPF 50

Night Cream:

"Dark spots tend to appear more in the summer when the skin is being constantly exposed to the sun," says Caruso.

[Clinique](#) Even Better Clinical Dark Spot Corrector

[SkinMedica](#) Lytera 2.0 Pigment Correcting Serum